



# Setting parental controls in Microsoft® Windows® 7



Many families have Microsoft Windows operating system on their home computer. Windows 7 offers some built in parental controls and the following brief guide takes you through functions available to you.

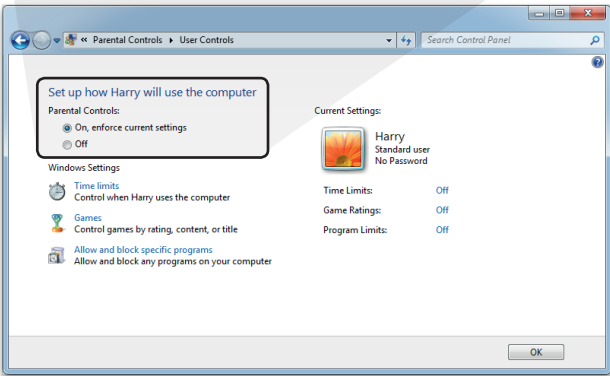
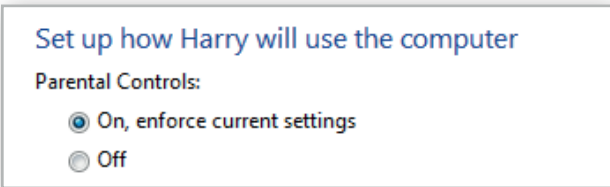
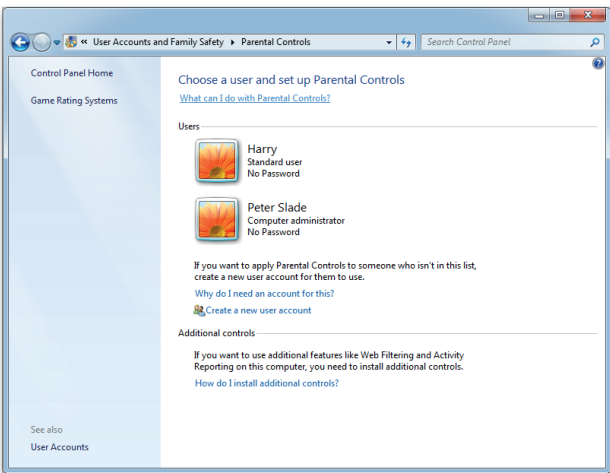
## 1 Turn on Parental Controls

- 1 First, make sure that your child has a standard Windows 7 user account (not an administrator account).
- 2 Open **Parental Controls** by clicking the **Start** button, click **Control Panel** and then under **User Accounts and Family Safety**, click **Set up Parental Controls for any user**
- 3 If you're prompted for an administrator password or confirmation, type the password or provide confirmation
- 4 Click the user account that you want to set Parental Controls for

If the account is not a **Standard** user account you will be prompted to set one up. Click 'Create a new user account' and follow the instructions.

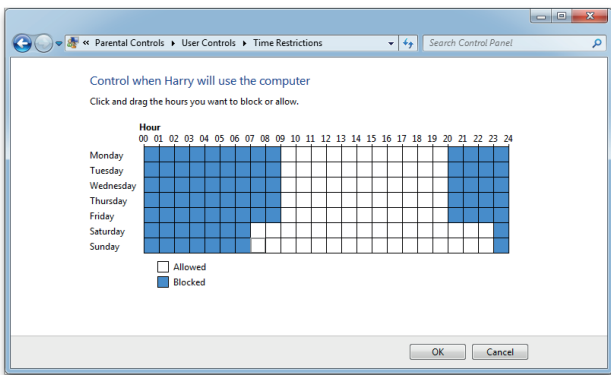
- 5 Under Parental Controls, click **On, enforce current settings**. Then follow steps on the next page.

If Windows Live Family Safety is installed on your computer, you will see a sign-in page and there is no need to continue with Steps 2-4 of this tutorial.



## 2 Set time limits

- 1 Click **Time limits**
- 2 In the grid, click and drag the hours you want to block or allow
- 3 Click **OK**



## 3 Choose which games children can play

- 1 Click **Games**, then choose one (or a combination of) the following four options
  - **To block ALL games**  
Under **Can [person's name] play games** – click **No**
  - **To block games by age ratings**  
Under **Can [person's name] play games** – click **Yes**  
Under **Block (or allow) games by rating and content types** – click **Set game ratings**  
Under **Which ratings are OK for [person's name] to play** – click a ratings level
  - **To block games by content**  
Under **Can [person's name] play games** – click **Yes**  
Under **Block (or allow) games by rating and content types** – click **Set game ratings**  
Under **Block these types of content**, select the content types that you want to block
  - **To block specific games**  
Under **Can [person's name] play games** – click **Yes**  
Under **Block (or allow) any game on your computer by name**, click **Block or allow specific games**  
In the alphabetical list of games, find the game that you want to block, and then select **Always block**

